

The Center for Cancer Care

Comprehensive and compassionate care



EXETER HOSPITAL

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Working together with

Massachusetts General Hospital
Cancer Center

Welcome to the Center for Cancer Care

The Center for Cancer Care at Exeter Hospital provides comprehensive, compassionate care for a wide range of cancers and blood disorders. We offer radiation oncology, medical oncology and hematology, surgical oncology, integrative oncology, genetic testing and clinical trials. Our multidisciplinary clinics, nurse navigator and second opinion clinics provide you with comprehensive services and conveniences.

Our relationship with the Massachusetts General Hospital Cancer Center brings leading medical and radiation oncologists to Exeter Hospital, providing exceptional care close to home. Patients also have access to a wide range of Mass General specialists, if necessary.

The center is accredited by the American College of Surgeons Commission on Cancer for meeting nationally accepted standards for quality care. Our focus is always on comprehensive care—treating not just the disease, but the whole patient.



■ Nurse Navigator

The cancer treatment process can be emotionally overwhelming, and there are often many appointments that need to be coordinated. Our nurse navigator will guide you through this process step-by-step and answer any questions you may have during your treatment and recovery.

■ Multidisciplinary Clinics

When patients are first diagnosed, our multidisciplinary clinics offer a personalized evaluation from a collaborative team of physicians and specialists in one afternoon, taking the anxiety out of waiting for multiple appointments. At the end of the clinic, the team provides an integrated plan for the best course of treatment for the patient's individual diagnosis. Multidisciplinary clinics are currently offered for breast, prostate and lung cancers.

■ Surgical Services

Many patients require surgery as a critical component of cancer care. Our surgeons are highly skilled in surgery for many different types of cancers. They work collaboratively with medical and radiation oncologists, when necessary, to provide you with a custom treatment plan for your diagnosis.

■ Plastic Surgery

During or following the surgical procedure, we offer advanced plastic surgery for patients who are interested in this service. For example, women may opt to have breast reconstruction if they require a partial or full mastectomy.



■ Medical Oncology

Mass General provides expert hematology/oncology physician and nurse practitioner services at Exeter Hospital for breast, lung, prostate, head and neck, gastrointestinal and other cancers and related blood disorders. Our center has its own onsite laboratory, allowing complete blood counts to be done immediately to closely monitor each patient's status. We also have two board certified oncology pharmacists (BCOP) on staff, who are dedicated to the needs of patients at the Center for Cancer Care.

The treatment area is designed to keep patients comfortable. Our sunlit, 13 chair infusion center overlooks a beautiful Zen garden. Each infusion area includes a heated recliner, television/DVD, wireless computer access, and seating for a family member or friend. Patients can enjoy a healthy snack at the nutrition center or sit in the activity area with their visitors to participate in art projects, games and puzzles.

■ Radiation Oncology

Leading radiation oncologists from Mass General develop and oversee the treatment plan for each patient who receives radiation therapy. Exeter Hospital's Varian TrueBeam™ linear accelerator is a highly sophisticated system designed to deliver powerful radiation to destroy or shrink tumors with pinpoint accuracy while preserving healthy tissue.

Some of the specialized radiation therapy services include:

- **Partial breast irradiation** – administered over five days instead of the traditional five to seven weeks.
- **Image-guided radiation therapy** – daily imaging so the radiation treatment can be adjusted as needed to ensure accuracy.
- **Intensity modulated radiation therapy** – high precision radiotherapy that allows the radiation dose to conform more precisely to the shape of the tumor by adjusting the intensity of the radiation beam.
- **Intra-operative radiation therapy (IORT)** – a single high dose of radiation to the tumor bed administered during a lumpectomy for early stage breast cancer, providing radiation treatment in just one day and minimizing exposure to healthy tissue.
- **Stereotactic radiosurgery (SRS)** – a highly sophisticated form of radiation treatment that uses beams of radiation which can be very precisely aimed at a tumor in the brain. **Stereotactic body radiation therapy (SBRT)** is a similar treatment for tumors in other areas of the body.



■ Comprehensive Cancer Care

We go beyond treating cancer to support the whole health of our patients. We offer a wide range of support services specialized for oncology patients that are an essential part of care and recovery during survivorship.

- Physician consultations
- Support groups
- Financial counseling
- Nutrition counseling
- Creative art services



■ Clinical Trials

Through our collaboration with Mass General, patients have access to new research studies. They may benefit from new, innovative treatments while helping to advance cancer knowledge. The clinical trials team at Exeter Hospital will explain the process to patients who meet the criteria for participation.

■ Integrative Oncology

The Center for Cancer Care offers special fitness and wellness services for our cancer patients.

- Cancer Wellfit – strengthening and conditioning
- Physical, occupational and speech therapy
- Therapeutic massage
- Reiki, yoga and acupuncture



■ Genetics Clinic

The Center for Cancer Care promotes prevention, early detection and intervention. Genetic counselors from Mass General offer genetic counseling to determine a patient's risk factors and make a recommended course of screenings, as well as lifestyle changes. We also offer testing for the BRCA gene mutation for women who have certain risk factors.

■ Beyond the Rainbow Fund

Exeter Hospital's Beyond the Rainbow Fund provides financial assistance and additional support to local cancer patients in need. The Fund has helped patients with rent, transportation, wigs, walkers and other practical needs that can become unmanageable during cancer treatment.



The Center for Cancer Care

866-9-EXETER (866-939-3837)

Medical Oncology: 603-580-7336

Radiation Oncology: 603-580-7337

www.exeterhospital.com/cancer

For your convenience, Exeter Hospital offers free valet service. For the comfort of our patients, The Center for Cancer Care is a fragrance-free facility.



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