



INNOVATIONS IN PATIENT CARE

WINTER 2019 – VOL. 4

CORE PHYSICIANS

EXETER HOSPITAL

ROCKINGHAM VNA & HOSPICE

Exeter Hospital, Core Physicians and Rockingham Visiting Nurse Association & Hospice are at the forefront of the newest innovations in treatments and technology. Our physicians and care providers are proactive in finding the newest and most efficient, quality-driven approaches to greatly enhance patient care. We invite you to contact us to learn more about any of these new advancements in care.*

INTRODUCING THE NEWEST MAKO ROBOTIC TECHNOLOGY FOR JOINT REPLACEMENT

Thomas McGovern, MD, an orthopedic surgeon and joint replacement specialist, has acquired the newest MAKO robotic arm technology which he is using to perform partial and full knee replacements. For each patient, a CT scan is used to create a 3D virtual model of the patient's unique anatomy. Dr. McGovern uses this model with the MAKO technology to ensure a custom fit of the new knee. MAKO technology allows Dr. McGovern to provide patients with a personalized surgical experience based on their specific anatomy. To learn more about joint replacement, visit exeterhospital.com. ■



"This technology is the new standard for joint replacement. MAKO doesn't replace the surgeon, it gives me the technology to ensure greater accuracy and precision to place the new joint."

– Thomas McGovern, MD
Core Orthopedics

COCHLEAR IMPLANTS NOW AVAILABLE



Physicians at Core Otolaryngology and Audiology are now offering cochlear implants to adults with severe hearing loss, bringing this life-changing technology to the Seacoast where patients would otherwise have to travel to Boston. Cochlear implants are surgically implanted devices that directly stimulate the hearing nerve, bypassing a damaged or poorly functioning inner ear. This procedure is for people who are not helped by traditional hearing aids. ■

"The sound is a bit different from normal hearing, but cochlear implants can dramatically improve a patient's ability to hear sounds and understand speech, telephone conversations, and music." – Brandon Peck, MD

NEW KIDNEY STONE CLINIC

Core Urology is now offering a Kidney Stone Clinic to help patients who have been affected by kidney stones develop prevention strategies going forward. The clinic starts with urine and blood analysis, followed by a customized plan that includes diet and lifestyle adjustments that can help prevent new kidney stones from forming. Patients who follow the plan can reduce the recurrence of kidney stones by 65%. Core Urology also has the innovative Moses laser technology to treat kidney, ureteral and bladder stones when they do occur. ■

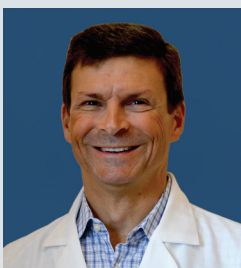


Carolyn Guillette, PA

“Kidney stones are known to cause excruciating pain, most often resulting in an ER visit for diagnosis and initial management. Following surgical kidney stone treatment, ongoing surveillance and prevention are vital, which is why we created this new Clinic.”



NEW PRIMARY CARE OFFICE IN PORTSMOUTH



Michael Stevens, DO



Jennifer Loichle, APRN

Core Physicians is expanding primary care services with a new office now open in Portsmouth. Other primary care locations include Durham, Exeter, Epping, Hampton, Kingston, Plaistow and Stratham. Primary care services include same day appointments, online booking with our Patient Portal, as well as extended hours and weekend appointments. Core Physicians also has more than 20 specialty care practices throughout the Seacoast. For more information or to choose a primary care provider, call 603-580-6668 or visit corephysicians.org. ■

For more information call Exeter Hospital's Information & Referral line at 603-580-6668 or visit our websites.



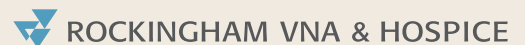
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