

# Breastfeeding Support Our Services



## The Jolenne Short-Porter Lactation Office

The JSP Lactation office offers skilled, compassionate and comprehensive lactation care to all mothers who deliver at the Family Center and their babies. Our office is conveniently located right on the Family Center and is open six days a week. We are staffed by experienced Internationally Board-Certified breastfeeding specialists (IBCLC's), Registered Nurses and one nutritionist. We are passionate about helping our families meet their feeding goals! Call us at 603-580-6358, x4324.

We provide the following services:

### **Prenatal Breastfeeding Classes**

**1:1 Inpatient Lactation Consulting**

**1:1 Outpatient Lactation Consulting**

**Lactation warmline with telephone triage and support**

**Assistance obtaining a breast pump through insurance**

### **Breastfeeding Support Group\***

Facilitated by a lactation specialist  
**FREE, OPEN TO THE COMMUNITY**

**Tuesdays: 1:00PM to 2:30PM**

*\*Groups are not held on major holidays. In case of inclement weather, groups will be cancelled if school is cancelled for SAU 16. When in doubt, please call 580-6668.*